



EVP Divisional News and Announcements

Winter 2017-2018

Message from Craig

As 2017 comes to close, I have decided to share something personal. This may surprise you, but I have officially succumbed to the yoga craze! Yes, believe it or not, I too can now be found on Sunday mornings balancing on one leg and practicing deep breathing. Which leads us to the question, what drives us or inhibits us from trying new things? *The New York Times* (12/12/17) recently published an article on "Why trying new things is so hard to do". The author argues we choose comfort over experimentation due to a variety of factors. Think about your favorite restaurant (do you always pick the same items?), favorite products, your commuting pattern. We develop "systems" or "habits" and they work for us. Ultimately, the author states *"experimentation is an act of humility, an acknowledgment that there is simply no way of knowing without trying something different."*

So this holiday I certainly want you to be comfortable with your holiday traditions. But, come the first of the year, I want to consider mixing things up. As George Costanza once exclaimed during an episode of *Seinfeld*, "Nothing's ever worked out for me with tuna on toast. I want the complete opposite. *Chicken salad, on rye, untoasted.*" Who knows what fun and rewards wait by getting out of your accidental comfort zone? I look forward to hearing your results. I found yoga and am more healthy for it.

Enjoy the Winter Break, which you more than earned, by recharging however is best for you, which could be rest, travel, or time with friends and family.

You have my sincere wishes for a happy and healthy 2018.

Best,
Craig

Craig's Tip of the Season

Do you have end-of-the-year shipping needs? There is an easy way to ship your packages during the holiday season. Penn offers **PersonalShip** which allows you to take advantage of the University's discounted express mail rates as well as the **Amazon@Penn** Center, located in 1920 Commons at 3800 Locust Walk, which provides safe and secure pick-up of your Amazon packages.

Craig's List

(not to be confused with Craigslist)

- **GO EAGLES!!!** Human Resources staff, pictured below, dressed in their Eagles Green on November 17th. There will be another **EAGLES FRIDAY** on **Friday, December 15th!** Don't forget to wear your **GREEN!** *Fly Eagles Fly!*



- Congratulations to the Amazon Echo Challenge winners! These colleagues were selected in a random drawing to win an Amazon Echo, after participating in Penn's Way, they are: Melvin Ballard, Business

Services/Penn Dining; Tedros Desta Gebreslassie, FRES/Housekeeping; Israel Mandefro, FRES/Housekeeping, Paige Wigginton, Public Safety/Special Services; Rafael De Luna, FRES/Design & Construction. 1,674 staff members from the EVP Division participated in Penn's Way this year, contributing to the current total of over \$1.8 million raised from the University community.

- Winter (Break) is coming. New this year, please review the *Campus-wide Operations and Services During Winter Break* announcement on **U@Penn** detailing key information about Penn's operations during Winter Break. The link will be active beginning December 15th. And if you're traveling during Winter Break, you can request a **Special Property Check** from Penn Public Safety.
- Browse the 2017 Penn Bookstore digital catalog to get ideas for your in-store shopping, or find something to order online and ship! The catalog features truly unique collectibles and Penn gear for everyone on your list.
- Spring ahead with Penn's Professional Development Programs. Registration is open now, so you can stretch ahead for success in 2018.
- Human Capital Management is a significant project at Penn, transforming our business systems to better serve the Penn community. Check out the *HCM Update* for the latest news and developments from the Human Capital Management Transformation Initiative.
- Safety First, and in this case, it's Cyber Safety. If you have not yet signed up for Two-Step Verification, it's time to add this layer of protection when accessing PennKey-protected websites. All PennKey holders are encouraged to enroll in Two-Step to protect their personal data and improve the University's overall security.

- From the Holiday Garden Railway featuring its extended hours on Friday nights to a special appearance of the Penn Glee Club, there's always something fun going on in December at the Morris Arboretum.
- Congrats to the Division of Public Safety, which participated in the 2017 Special Olympics Torch Run!
- The National Association of College Auxiliary Services (NACAS) selected Penn as the recipient of the 2017 Edwin R. Golden Award for Inclusive Excellence for its work on the inaugural Penn Suppliers Diversity Forum & Expo.

